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**Hazards of Urban Exploration.** Urbex is hobby that conceals the whole range of risks whether it is when intruding into the premises, shafts, tunnels, hospital buildings, sewer systems etc., or in moving in them. There exists two groups of urban explorers: people who try it in an organized way professionally trained considering safety and people who are badly prepared

and put themselves and the others in danger. It often happens that abandoned places are not as abandoned as they seem. In many cases homeless people, drug addicts and the premises security guards are concerned. In abandoned premises such as mines, industrial buildings, sewer systems there is the most frequent danger of a stroke by electric current and danger of landslides and mine caving... The abandoned premises have old wiring, often in bad condition because nobody maintains it in safe condition. Some of them are kept connected to electric network so as the lights are kept switched on. There is a danger caused by electrical injury... Read more on pages 23 to 25.

Civil Protection journal editors have questioned heads of crisis management departments at district offices in three districts how the present situation have influenced task and measures fulfilment when population is being threatened during the pandemic caused by COVID-19 disease. Our questions are formulated as follows: What does the threat posed to district population from COVID-19 disease



pandemic in its third wave mean for your team of crisis management department at your district office? In what does the present situation differ from the previous first and second waves of the pandemic? With what questions have the inhabitants and municipalities been approaching your department? What did you learn from the pandemic and what experience did you gain? Other proposals. To our initiative crisis management departments at district offices of Svidník, Snina and Kežmarok responded. We publish their knowledge, experience and proposals. Read more on pages 4 to 10.



**Herbs that help us in healing wounds.** The articles in this column, even those previous ones, serve for enrichment and improvement of educational process at classes of basics of natural science, natural history and biology and in nursery schools in educational field of Man and Nature. The author would not like to come to misunderstanding and that her articles would give the

impression of “a herbalist gives advice...” The articles are not meant to medicate people by them. The contributions are supposed to have informative character and serve for teachers at all types and levels of schools, not for medication. Medicinal herbs were known for the Romans, Greeks, or the Indian. Even ancient Sumerian civilizations knew the effects of medicinal herbs. The ancient Egyptians had documented them in their hieroglyphs. At that time caraway, peppermint and poppy were well-known. In this part of the column we finish the series on the most known and easily available medicinal herbs that play an important role in healing wounds. Read more on pages 46 to 47.